

DCPS Ward 8 Parent and Family Resource Center

3301 Wheeler Rd S.E. 2nd Floor (Inside of M.C Terrell ES)

Washington, DC 20032

202-645-6619

December 2009 Calendar

Event	Description	Date/Time	Location
Saturday Learning Partnership	<u>Are You Smart? Yes, You Are Smart!</u> This program reinforces the Math and Literacy Skills of children Pre-K-12 th grade. The unique aspect of this program is that parents and children work <i>together</i> . Classes are facilitated by Mrs. Mildred Lockridge, and other highly qualified teachers and veteran instructors. Breakfast is provided. We look forward to providing extra educational support to you and your child every other Saturday!	9:30am-11:30am Every other Saturday (Dec.5 th ,19 th)	PFRC
Technology and Leadership	Trying to get your teenager involved in more than just watching t.v. and talking on the telephone? This program combines computer training and leadership skills for teens (12-18) to help them strengthen their technology skills and leadership potential.	10:00am-12:00pm Every Saturday (Dec.5 th ,12 th ,19 th)	PFRC
Fit Family	This Program includes : <ul style="list-style-type: none"> • Free, Fun Nutrition education and exercise classes! • Free 2 year membership to the Boys and Girls Club! • Free healthy meal every week! • Raffles, Prizes, Giveaways and LOTS OF FUN!!! In partnership with Children's National Medical Center.	4:45pm-7:15pm Every Thursday (Dec.3 rd ,10 th)	PFRC
30 and Over Basket Ball	Game on! Join other adult men ages 30 and over to exercise (health and fitness awareness), socialize (in a safe environment), and encourage active participation in their children's education.	6:30pm-7:45pm Every Thursday (Dec.3 rd ,10 th ,17 th)	PFRC
Bridging the Gap	Parents and children will foster a better understanding, relationship, patience, and care through discovery and development of talents (music, drama, dance, script writing) to express generational differences and similarities. Performance on December 18 th	4:00pm-5:00pm Every Wednesday and Friday (Dec.2 nd ,4 th ,9 th ,11 th ,16 th ,18 th)	PFRC
Computer Lab	Stop by to use the computers and internet! You can also get basic computer training and help with writing a resume. The lab is open every day for walk-ins 8:30am-5:00pm, as well as Resume Writing assistance on Thursdays 8:30am-8:00pm.	Daily (Closed Sundays and Dec. 25 th)	PFRC
Understanding Your Child's Learning Style	This workshop will provide information on the different learning styles and how they impact how your child learns.	December 12 10:00a-11:30a	<u>Ward 1 PFRC</u> (3101 13th Street NW i/s Tubman ES)
So You Think You Can Cook!	Parent <i>COOK OFF</i> Call or stop by the center for more information	Call Center	PFRC

Parents and Students learning, enhancing skills and succeeding together!

